

Riverside Community Council would like to help.

If you find yourself, or know of others who are isolated and unable to leave their homes, we'd like to offer our support. If you need someone to:

- Pick up some shopping
- Give you a friendly phone call
- Source urgent supplies
- Post some mail
- Walk your dog

We will not enter your home to lower the risk of infection and to keep everyone safe.

Please be aware that this is entirely dependent on volunteers it is subject to their availability due to their own health status and other family / work commitments.

Please phone one of the numbers below and your community will do our best to help you.

Alison Swanson : 07930 970811

Emily McLaughlin: 07709426951

Ian Boa: 07860 851935

Joan Murphy: 07958 235596

Phil Boydell: 07866 468299

Sue Dumbleton: 07814 178852

If you would like to be part of the team that helps and supports our community - please e-mail

riversidecommunitycouncil@gmail.com for further information.

This is in no way a substitute for all the neighbourly and friendly support that is going on - all help is needed and appreciated.

Please call 111 for any Medical Assistance, 101 for any non-urgent Police matter and 01786 404040 for Stirling Council, General Enquiries.