



Media Release

Free Period Products in Stirling Locations Listed on New App

Access to free period products in Stirling is now easier than ever thanks to the launch of a new app.

Almost 30 locations across the Stirling Council area have been included on the PickUpMyPeriod app, which identifies where period products can be accessed for free.

Over 700 venues in communities across Scotland are linked on the new app, a number which is expected to rise as more locations are added following consultation with service users.

Stirling Council will be conducting a consultation this year in accordance with the [Period Products Act](#) to ensure that both the type and range of available products, and how they are accessed, is informed by those who use them.

Scotland was the first country in the world to make period products widely available for free – firstly in schools, colleges and universities, then followed by wider access in communities. The PickupMyPeriod app builds on this innovative work.

The Community Planning and Regeneration Committee Convener, Cllr Chris Kane, said: “This is an important next step in the implementation of legislation to make period products freely accessible.

“Stirling Council is committed to providing period dignity and having Council and community venues listed on this app is an excellent way to signpost where free period products can be found locally. I’d encourage residents who can benefit from the PickUpMyPeriod app to download it.”

Vice Convener, Cllr Scott Farmer, said: “The legislation, which aims to provide free universal access to period products, is very welcome. The introduction of the PickUpMyPeriod app will make access much easier for local residents and visitors to Stirling, and I’m pleased to see that so many venues across Stirling are included already. We will seek to increase this number following our planned consultation later in the year.

This is a very positive step towards ensuring accessible, dignified and free provision- which will include sustainable products to all those who need it.”

The full list of locations across Stirling listed on the app currently is:

- Balfour Library
- Bannockburn Library
- Bridge of Allan Library
- Callander Library

- Cambusbarron Library
- Cowie Library
- Customer First Office
- Doune Library
- Drymen Library
- Dunblane Library
- Fallin Church Hall
- Fallin Library
- Heart of Braehead
- Hillview Community Centre
- Home Start Stirling
- Killin Library
- Ladies of the Rock
- Mayfield Community Centre
- Plean Community Spirit
- Plean Library
- Raploch Community Partnership
- St Ninians Library
- Start Up Stirling
- Stirling Central Library
- Strathblane Library
- Sunlite Community Café / Let's Make It Better
- The Larder at Bridge of Allan Parish Church